

POOL SCHEDULE

July 7 - July 13

| Time | Monday 8-Jul | Tuesday 9-Jul | Wednesday 10-Jul | Thursday 11-Jul | Friday 12-Jul |
|---|--|----------------------------|--|----------------------------|--|
| 5:00 - 7:00a | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking |
| 7:00 - 9:00a | Masters Swim (7-8am)/ Lap Swim/ Water Walking | Lap Swim/ Water Walking | Masters Swim (7-8am)/ Lap Swim/ Water Walking | Lap Swim/ Water Walking | Masters Swim (7-8am)/ Lap Swim/ Water Walking |
| 9:00 - 9:55a | Aqua Fitness (9:05- 9:55am) | Lap Swim/ Water Walking | Aqua Fitness (9:05- 9:55am) | Lap Swim/ Water Walking | Aqua Fitness (9:05- 9:55am) |
| 10:00a - 11:05a | Swim Lessons | Swim Lessons | Swim Lessons | Swim Lessons | Swim Lessons |
| 11:15a - 1:55p | Recreation Swim | Recreation Swim | Recreation Swim | Recreation Swim | Recreation Swim |
| 2:00 - 5:00p | RACE | RACE | RACE | RACE | RACE |
| 5:00 - 6:05p | Swim Lessons | Swim Lessons | Swim Lessons | Swim Lessons | Swim Lessons |
| 6:10 - 7:40p | Recreation Swim | Recreation Swim | Aqua Fitness | Recreation Swim | Recreation Swim |
| 7:45p - 9:00p | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking |
| Sunday Swim Schedule (July 7) | | | Saturday Swim Schedule (July 13) | | |
| 10:00a-12:00p | Pool Rentals | | 8:15a-10:45a | RACE Practice | |
| 12:00p - 1:00p | Lap Swim/ Water Walking | | 11:00a-1:00p | Pool Rentals | |
| 1:00p - 3:15p | Recreation Swim | | 1:00p - 3:00p | Recreation Swim | |
| 3:30 - 5:30p | Pool Rentals | | 3:10p - 5:00p | Lap Swim/ Water Walking | |
| <i>Lap swim and Water Walking lanes may vary depending on attendance number</i> | | | 5:30p - 7:30p | Pool Rentals | |
| Notes: | | | | | |