

POOL SCHEDULE

March 23 - March 29

Time	Monday	Tuesday	Wednesday	Thursday	Friday
	24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
5:00 - 7:00a	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking
7:00 - 9:00a	Masters Swim (7-8am)/ Lap Swim/ Water Walking		Masters Swim (7-8am)/ Lap Swim/ Water Walking		Masters Swim (7-8am)/ Lap Swim/ Water Walking
9:00 - 9:55a	Aqua Fitness (9:05- 9:55am)		Aqua Fitness (9:05- 9:55am)		Aqua Fitness (9:05- 9:55am)
10:00 - 10:45a	Lap Swim/ Water Walking		Silver Splash/Lap Swim		Lap Swim/ Water Walking
10:45a - 11:45p					
12:00p - 2:00p	Recreation Swim	Recreation Swim	Recreation Swim	Recreation Swim	Recreation Swim
2:00p - 5:00p	LG Training Course	LG Training Course	LG Training Course	LG Training Course	LG Training Course
5:00 - 6:05p					
6:15 - 7:45p	Evening Aqua Fit	Recreation Swim	Evening Aqua Fit	Recreation Swim	Recreation Swim
7:50 - 9:00p	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking
Sunday Swim Schedule (March 23)			Saturday Swim Schedule (March 29)		
10:00a-12:00p	Pool Rentals		8:15a-10:45a	RACE Practice	
12:00p - 1:00p	Lap Swim/ Water Walking		11:00a-1:00p	Pool Rentals	
1:00p - 3:15p	Recreation Swim		1:00p - 3:00p	Recreation Swim	
3:30 - 5:30p	Pool Rentals		3:10p - 5:00p	Lap Swim/ Water Walking	
<i>Lap swim and Water Walking lanes may vary depending on attendance number</i>			5:30p - 7:30p	Pool Rentals	
			Notes:		
			Showers are available during drop in programming only.		